

Perivale 5 Results - 2nd December 2018

POS	Race #	Time	First Name	Last Name	Club	Loc	AG	AG%
1	307	24:58	Jonathan	Poole	Serpentine		SM	87.83%
2	42	25:23	Christopher	Busaileh	Herne Hill		SM	85.41%
3	142	25:28	Andrew	Greenleaf	Serpentine		SM	86.10%
4	103	25:38	Alex	Dunbar	City of Norwich		SM	83.22%
5	458	25:54	Mohamed	Ali	Ealing Southall & Middlesex		U20M	88.89%
6	149	26:05	Xavier	Gruot	Serpentine		SM	83.56%
7	162	26:44	Mohamed	Hashi	Ealing Southall & Middlesex		SM	79.80%
8	373	26:51	Jamie	Taylor-Caldwell	Ealing Southall & Middlesex		SM	79.45%
9	388	27:23	Ben	Waterman	Ealing Southall & Middlesex		SM	77.91%
10	122	27:53	Kevin	Francis	Ware Joggers		M40	81.57%
11	176	28:04	Jonathan	Horan	Ealing Southall & Middlesex		SM	77.25%
12	446	28:12	Matthew	Woodman	Stafford Harriers		M40	80.65%
13	125	28:48	Ewan	Fryatt	Ealing Eagles		SM	76.67%
14	12	29:11	Wesley	Atkins	Halstead Road Runners		SM	73.17%
15	243	29:15	Geoff	Maher	West 4		SM	74.51%
16	62	29:22	Jill	Collett	Datchet Dashers		W35	83.49%
17	319	29:27	Santosh	Rai	Ealing Southall & Middlesex		SM	74.97%
18	321	29:38	Paul	Reddaway	Ware Joggers		M50	87.97%
19	64	29:45	Wayne	Cook	Colchester Harriers		M40	79.43%
20	283	29:47	Stephen	Norris	Thames Valley Harriers		M50	81.89%
21	448	29:54	Paul	Woolley	Datchet Dashers		M40	78.41%
22	291	29:58	Jose Manuel	Pabon	Ealing Eagles		SM	73.17%
23	105	30:05	Oliver	Edwards	Shaef Shifters		SM	72.07%
24	192	30:21	Simon	James	Ealing Eagles		M40	76.07%
25	82	30:24	Steve	Davies	Watford Joggers		M40	79.59%
26	40	30:29	Neil	Bull	Ware Joggers		M40	75.17%
27	9	30:30	Sam	Ashcroft	Ealing Southall & Middlesex		SM	69.95%
28	340	30:41	Samuel	Royle	Ealing Eagles		SM	69.59%
29	231	30:42	Nils-Kristian	Liborg	Ealing Eagles		SM	72.99%
30	253	30:43	Rodney	Mccullough	Shaef Shifters		SM	70.26%
31	102	30:43	Laurence	Duffy	The Stragglers		M50	84.86%
32	33	30:43	Bob	Bradbury	Woking		M60	90.30%
33	107	30:47	Laurence	Elliott	Ealing Eagles		SM	69.30%
34	32	30:49	Andy	Bowen	West 4		M50	81.10%
35	8	30:57	Akira	Anzai-Jackson	Ealing Southall & Middlesex		SM	68.93%
36	394	30:59	Marcus	Weedon	Metros		M40	75.67%
37	39	31:06	Rob	Brown	Ealing Southall & Middlesex		M50	79.71%
38	76	31:08	Ralph	Dadswell	Ealing Eagles		M50	80.95%
39	252	31:24	Ian	May	Windsor Slough Eton & H		SM	68.00%
40	3	31:41	Ricardo	Agostinho	Ealing Eagles		SM	68.79%
41	229	31:58	Alex	Leslie	Ealing Southall & Middlesex		SM	66.74%
42	459	32:00	Jaydee	Peters	Woking		W35	78.14%
43	166	32:06	Charles	Henderson	Watford Joggers		M40	71.93%
44	136	32:06	Adam	Goodman	Ealing Southall & Middlesex		SM	67.23%
45	57	32:15	Harry	Claxton	Ealing Eagles		M40	72.70%
46	306	32:21	Stephen	Plummer	Ealing Southall & Middlesex		M50	79.22%
47	365	32:23	James	Steel	Ealing Southall & Middlesex		M40	74.72%
48	386	32:26	Timothy	Ward	Ealing Eagles		SM	66.85%
49	98	32:27	Peter	Drew	Ealing Southall & Middlesex		M50	77.02%
50	117	32:31	Mark	Fisher	Ealing Eagles		SM	68.91%
51	328	32:33	Alex	Ring	Ranelagh Harriers		M40	72.60%
52	36	32:35	Ian	Bridges	Unattached		M40	73.66%
53	191	32:38	Leigh	James	London Heathside		W35	74.88%
54	362	32:39	Howard	Sparks	Unattached	LM	M40	72.37%
55	38	32:44	Matt	Brown	Ware Joggers		SM	66.58%
56	389	32:47	Adam	Watson	Ware Joggers		SM	66.48%

57	14	32:48	Rachel	Badham	West 4		W45	80.73%
58	100	32:49	Mike	Duff	Ealing Eagles		M40	70.35%
59	56	32:52	Simon	Clavin	Unattached		SM	65.66%
60	302	32:57	Liam	Phair	Metropolitan Police AC		SM	68.00%
61	74	33:03	Nigel	Cutts	Clapham Chasers		M40	68.82%
62	304	33:05	Fiona	Plain	Ealing Eagles		SW	73.15%
63	97	33:06	Jason	Drake	West 4		M50	76.14%
64	85	33:09	Mike	Dennison	Unattached		M60	80.01%
65	157	33:14	Sean	Hanrahan	Ealing Southall & Middlesex		SM	65.24%
66	135	33:14	David	Goodenough	Ealing Southall & Middlesex		M50	76.47%
67	449	33:33	Malcolm	Woolsey	Ealing Southall & Middlesex		SM	66.79%
68	296	33:35	Mitesh	Patel	Metros		SM	64.26%
69	184	33:55	Jack	Hulme	Unattached	LM	M40	66.55%
70	330	34:02	Robert	Rispin	Unattached	LM	SM	64.88%
71	282	34:10	Trevor	Normoyle	Metropolitan Police AC		SM	65.58%
72	75	34:12	Henry	Dadswell	Ealing Eagles		U20M	64.51%
73	345	34:15	Christopher	Shearwood	Metros		M50	74.20%
74	160	34:16	Sarah	Harris	Ealing Southall & Middlesex		W35	73.44%
75	230	34:19	Ian	Leslie	Ealing Southall & Middlesex		M60	77.98%
76	37	34:22	Richard	Brooks	Metropolitan Police AC		M40	68.22%
77	225	34:28	Ed	Laughton	Ealing Eagles		SM	65.01%
78	284	34:30	Oliver	Nottidge	Unattached		U20M	63.16%
79	338	34:38	Nick	Rowe	Shaef Shifters		M50	71.58%
80	49	34:41	Michael	Charles	Ealing Southall & Middlesex		M40	69.20%
81	357	34:41	Callum	Smyth	Jetstream Tri		U20M	64.41%
82	210	34:42	Tom	Kerry	Unattached	LM	M40	68.63%
83	361	34:54	Javaher	Sondh	Ealing Southall & Middlesex		SM	62.45%
84	199	34:56	Maria	Jovani	British Airways		W35	72.53%
85	309	35:00	Andy	Price	Ealing Southall & Middlesex		M40	64.98%
86	327	35:15	Oliver	Richardson	Ealing Eagles		M50	69.76%
87	101	35:25	Andrew	Duff-Miller	Unattached	LM	M50	68.86%
88	293	35:26	Nick	Partis	Pitshanger Park		M50	68.83%
89	66	35:28	Hannah	Copeland	Ealing Eagles		W35	71.98%
90	233	35:35	Yvonne	Linney	Ealing Eagles		W45	72.98%
91	270	35:37	Claire	Morris	Ealing Eagles		W35	70.21%
92	255	35:39	Sarah	Mcintosh	West 4		W35	70.59%
93	202	35:45	Hayley	Kandt	Ealing Eagles		SW	67.69%
94	147	35:50	Angel	Grimes Mctavish	Ealing Southall & Middlesex		U20W	68.27%
95	343	35:52	Mark	Sanz	Ware Joggers		M50	68.00%
96	300	35:54	Steve	Paull	Metros		M60	77.26%
97	366	36:00	Sarah	Stephens	Metropolitan Police AC		W35	68.70%
98	1	36:02	Inkeri	Abbotts	West 4		W45	76.36%
99	377	36:21	Simon	Tucker	Pitshanger Park		M50	67.07%
100	146	36:22	Ricky	Grimes	Ealing Southall & Middlesex		M50	70.97%
101	124	36:25	Keith	Freeguard	Ealing Southall & Middlesex		M50	72.17%
102	250	36:26	Glenn	Matthews	Ealing Eagles		M40	64.29%
103	271	36:28	Huw	Morris	Unattached	LM	M50	68.41%
104	232	36:32	Gary	Lindemann	Shepperton Running Group		M40	63.20%
105	370	36:34	Alan	Taylor	Ware Joggers		M40	65.64%
106	144	36:36	Wilton	Grey	Ealing Southall & Middlesex		M60	73.76%
107	393	36:36	Tony	Watson	Sudbury Court		M60	73.12%
108	207	36:45	Liam	Kencroft	Unattached		SM	58.05%
109	94	36:58	David	Down	Unattached	LM	M40	64.42%
110	164	37:01	Richard	Hearne	Ware Joggers		M40	62.37%
111	208	37:09	John	Kenny	Ealing Eagles		M50	67.27%
112	456	37:12	Annabel	White	Unattached		SW	65.05%
113	73	37:13	Garry	Curtis	Ealing Eagles		M40	63.99%
114	19	37:15	Neil	Bass	Ealing Eagles		M40	63.44%
115	235	37:17	Fran	Lou	Thames Valley Harriers		W35	65.76%

116	183	37:19	Timothy	Huggins	The Stragglers	M40	63.32%
117	83	37:24	James	De Vivenot	Ealing Eagles	M40	63.18%
118	152	37:27	Darren	Halford	Ealing Southall & Middlesex	M40	62.61%
119	423	37:31	Ian	Wimsett	Ealing Eagles	M60	71.33%
120	264	37:34	James	Moffatt	Hillingdon Triathletes	M40	61.46%
121	41	37:39	Yvette	Burton	Ealing Eagles	W35	65.69%
122	185	37:50	Tony	Hursey	Ealing Southall & Middlesex	M50	64.99%
123	358	37:56	Dermot	Smyth	Unattached	LM M50	67.56%
124	387	38:01	Marek	Waszczuk	Ealing Eagles	M50	67.99%
125	53	38:01	Vincent	Cheung	Metros	M40	60.73%
126	324	38:20	Jacqueline	Reid	Metropolitan Police AC	W45	73.32%
127	450	38:32	Piers	Woolston	Ealing Eagles	M50	67.65%
128	116	38:36	Greg	Fernandes-Lawes	Ealing Eagles	SM	55.41%
129	227	38:40	Rhodri	Lawrence	Unattached	LM SM	55.61%
130	221	38:46	Pat	Laguillo	Unattached	W35	66.40%
131	451	38:49	Hannah	Wright	West 4	SW	62.61%
132	214	38:49	Kira	King	Ealing Eagles	SW	62.76%
133	308	38:50	David	Powlson	Ealing Eagles	M40	59.45%
134	369	39:01	Fatmir	Sulmataj	Metros	SM	54.73%
135	325	39:10	Peter	Reynolds	Metros	M60	68.32%
136	20	39:13	Keith	Batten	Runnymede	M50	64.26%
137	337	39:14	Jane	Rowden	West 4	W55	85.75%
138	113	39:15	Panos	Fellas	Watford Joggers	M50	65.30%
139	172	39:18	Carrie	Holman	Unattached	SW	61.58%
140	331	39:19	Paul	Roberts	Ealing Eagles	M50	66.88%
141	350	39:19	Andrew	Sims	Ware Joggers	M50	64.10%
142	165	39:20	Larie	Hector	Ealing Southall & Middlesex	M40	60.55%
143	190	39:26	Corie	Ivory	Ealing Eagles	SM	56.82%
144	364	39:30	Richard	Stanwix	Pitshanger Park	M50	65.43%
145	44	39:30	Paul	Caffrey	Unattached	M50	64.33%
146	461	39:32	Andy	Leung	Ealing Southall & Middlesex	M40	59.77%
147	34	39:38	Patricia	Brady	Ealing Eagles	W45	70.92%
148	375	39:42	Patricia	Thomas	Ealing Southall & Middlesex	W45	71.71%
149	216	39:43	Robert	Kipling	Ealing Eagles	M60	67.97%
150	269	39:47	Daniel	Morl	Shepperton Running Group	M40	58.03%
151	349	40:00	Keith	Simpson	West 4	M50	60.97%
152	194	40:01	Jason	Johnson	Ealing Eagles	M40	58.14%
153	333	40:10	Paul	Robinson	Ealing Eagles	M60	70.35%
154	359	40:14	Louis	Smyth	Sudbury Court	M60	66.51%
155	279	40:16	Mark	Nichols	Watford Joggers	M60	69.53%
156	137	40:17	Kylie	Goodman	Ealing Southall & Middlesex	SW	60.47%
157	303	40:31	Nicola	Phelan	Ealing Eagles	W45	65.36%
158	379	40:31	Charlotte	Wade	Ealing Eagles	SW	59.73%
159	317	40:36	Alan	Rafferty	Ware Joggers	M60	65.33%
160	226	40:44	Andrew	Lawrence	Unattached	M50	60.86%
161	126	40:44	Mark	Fuller	Ealing Southall & Middlesex	M50	60.86%
162	121	40:57	Kristy	Foster	London City AC	SW	59.24%
163	294	41:04	Roger	Partridge	Ware Joggers	M50	63.48%
164	81	41:11	Nick	Davies	Ealing Eagles	SM	53.61%
165	112	41:15	Katerina	Fellas	Watford Joggers	W45	64.90%
166	109	41:21	Domenic	Esposito	Ware Joggers	SM	52.19%
167	133	41:23	Lucy	Glass	Watford Joggers	W35	60.81%
168	392	41:29	Lisa	Watson	Ealing Eagles	W45	63.19%
169	320	41:33	Anne	Ramsden	Ware Joggers	W55	80.97%
170	195	41:34	Rebecca	Johnson	Ealing Eagles	W45	62.47%
171	187	41:44	Robert	Hutchinson	West 4	M50	62.91%
172	334	41:48	Gregg	Robertson	Shepperton Running Group	M40	54.13%
173	326	42:01	Amy	Rice	Unattached	SW	57.57%
174	335	42:02	Paul	Robinson	Pitshanger Park	M60	64.20%

175	138	42:03	Michael	Goodman	Unattached		M60	64.20%
176	47	42:06	Alan	Carter	Unattached		M70	70.09%
177	312	42:08	Resham Bahadur	Pun Magar	Unattached	LM	M50	61.34%
178	422	42:10	Martin	Wilson	Ealing Southall & Middlesex		M60	67.01%
179	177	42:15	Matthew	Hoskins	Unattached	LM	SM	53.03%
180	50	42:19	Gemma	Charville	Ware Joggers		W35	57.74%
181	455	42:22	Steve	Zoil	Pitshanger Park		M40	56.21%
182	77	42:27	Zak	Dadswell	Ealing Eagles		U20M	54.24%
183	380	42:30	Kelsi	Wale	Ealing Eagles		SW	56.94%
184	399	42:33	Pamela	Wiggins	Ealing Eagles		W55	71.49%
185	395	42:35	Teresa	Weedon	Ware Joggers		W55	72.42%
186	383	42:36	Yvonne	Walker	Sudbury Court		W55	71.40%
187	382	42:38	Clare	Walker	West 4		W45	61.49%
188	201	42:39	Barbro	Julin	Ealing Southall & Middlesex		W55	69.42%
189	206	42:41	Piers	Keenleyside	Ealing Eagles		M60	62.70%
190	287	42:45	Christina	O'Hare	Ealing Eagles		W35	59.27%
191	267	42:50	Justin	Moore	Unattached	LM	M40	55.17%
192	99	42:59	Angela	Duff	Ealing Eagles		W35	57.27%
193	213	43:04	Karl	King	Ealing Southall & Middlesex		M40	55.73%
194	368	43:06	Gary	Stringer	Ealing Southall & Middlesex		M50	59.97%
195	219	43:12	Ian	Knight	Jetstream Tri		M50	60.34%
196	175	43:15	Grace	Hoo-Quartey	Jetstream Tri		W45	66.68%
197	179	43:17	Neil	Hotston	Unattached		M50	59.21%
198	84	43:18	John	Deehan	Unattached	LM	M40	55.43%
199	181	43:22	Jane	Hudson	Metros		W55	71.11%
200	239	43:30	Kay	Lydall	Unattached		W45	63.02%
201	30	43:30	David	Bone	Ealing Eagles		M50	59.42%
202	46	43:31	David	Carlin	Ealing Eagles		M50	57.91%
203	378	43:41	Christina	Urbanski	Ealing Eagles		SW	55.40%
204	261	43:42	Zuza	Mills	Unattached	LF	W35	56.89%
205	158	43:43	Olov	Hansen	Ealing Southall & Middlesex		M60	62.88%
206	54	43:45	Alex	Chin-A-Fat	Pitshanger Park		M60	61.17%
207	173	43:47	Sarah	Holroyd	Ealing Southall & Middlesex		W55	67.62%
208	301	43:48	Sonny	Pearl	Metros		M50	55.68%
209	360	43:49	Davinder	Sohal	Ealing Southall & Middlesex		M50	59.49%
210	310	43:57	Louise	Prince	Ealing Southall & Middlesex		W45	61.61%
211	134	44:03	Paula	Gollop	Ware Joggers		W35	56.14%
212	200	44:11	Simon	Joyce	Ware Joggers		M50	56.56%
213	51	44:17	Nick	Cheal	Ware Joggers		M60	62.64%
214	251	44:21	John	Maxen	Shepperton Running Group		M50	59.29%
215	244	44:28	Talat	Mahmood	Metropolitan Police AC		M50	54.85%
216	196	44:32	Jennifer	Jones	Ealing Southall & Middlesex		W45	62.33%
217	128	44:32	Annette	Galloway	Ealing Southall & Middlesex		W45	61.56%
218	131	44:33	Bhupinder	Gill	Ealing Eagles		M40	53.46%
219	22	44:36	Charlotte	Bernath	Shepperton Running Group		SW	54.26%
220	355	44:40	Clive	Smith	Ware Joggers		M60	60.44%
221	60	44:48	Paul	Cocklin	Ware Joggers		M50	57.69%
222	254	44:53	Malachy	Mcguone	Unattached		M50	56.15%
223	385	44:53	Anna	Ward	Queens Park		W35	54.85%
224	272	44:57	Alison	Mullaley	Ealing Eagles		W45	60.24%
225	262	44:58	Pardip Singh	Minhas	Ealing Eagles		M50	54.24%
226	347	45:03	Ariff	Sidik	Metros		M40	50.11%
227	454	45:05	Liz	Zass	Team Bushy		W55	83.48%
228	421	45:10	Rhiannon	Williams	Ealing Eagles		SW	53.60%
229	26	45:14	Melanie	Blackaby	Ware Joggers		W45	57.41%
230	376	45:20	Carmen	To	UKRunChat		SW	53.61%
231	372	45:26	Sue	Taylor	Ware Joggers		W45	57.16%
232	7	45:30	Mary	Allieu	Metropolitan Police AC		W45	57.61%
233	258	45:41	Stacey	Mcmanus	Ealing Southall & Middlesex		W35	55.08%

234	367	45:43	Sarah	Stewart	Hazlemere Runners		W45	59.23%
235	127	45:51	Caro	Gallagher	Unattached	LF	W35	55.26%
236	188	46:14	Rebecca	Ireland	Pitshanger Park		W45	60.79%
237	92	46:15	Conor	Donoghue	Unattached		U20M	48.97%
238	93	46:16	Lindsay	Donoghue	Ealing Southall & Middlesex		W45	58.53%
239	132	46:23	Diane	Gill	Ealing Eagles		W55	64.69%
240	311	46:24	Philip	Prince	Ealing Southall & Middlesex		M60	58.18%
241	59	46:32	Tracey	Cliff	Ealing Southall & Middlesex		W45	56.91%
242	58	46:32	Stephen	Cliff	Ealing Southall & Middlesex		M40	50.38%
243	209	46:33	Emily	Kenworthy	Ware Joggers		SW	51.99%
244	237	46:36	Steve	Lucas	Ware Joggers		M50	54.08%
245	318	46:41	Pringla Awale	Rai	Unattached	LF	W35	52.34%
246	374	46:44	Belinda	Tewson	Unattached	LF	W45	56.66%
247	322	46:45	Wendy	Reddaway	Ware Joggers		W55	64.18%
248	198	46:45	Richard	Jones	Unattached	LM	M70	63.12%
249	96	46:46	Ailsa	Drake	West 4		W45	60.10%
250	329	46:49	Anne-Marie	Rispin	Unattached	LF	W35	52.19%
251	352	46:58	Lisa	Slaughter	Unattached	LF	W45	59.10%
252	48	47:00	Lani	Charles	Unattached	LF	U20W	53.25%
253	290	47:03	Frank	O'Shea	Ware Joggers		M60	61.26%
254	281	47:04	Tracey	Nobbs	Sudbury Court		W45	59.72%
255	295	47:06	Meenal	Patel	Everyone Active		M40	50.56%
256	238	47:07	Austin	Lumley	Everyone Active		M40	50.54%
257	236	47:20	David	Lovell	Redhill District RM		M50	53.69%
258	363	47:24	Colin	St. Helien	Unattached		M50	54.07%
259	263	47:28	Sanchana	Mishra	Unattached		W35	52.10%
260	28	47:29	William	Bloomfield	Ware Joggers		M50	51.36%
261	223	47:31	Elinor	Landeg	Unattached		SW	51.27%
262	178	47:43	Rob	Hoskins	Unattached	LM	M40	49.14%
263	457	47:52	Jasvir Singh	Modaher	British Airways		M60	55.91%
264	280	48:03	Terry	Nichols	Ware Joggers		M70	65.21%
265	346	48:06	Colin	Sherriff	Unattached	LM	M60	58.74%
266	274	48:09	John	Murphy	Unattached		M60	56.57%
267	95	48:15	Cliona	Doyle	Ealing Eagles		SW	50.17%
268	460	48:28	Fiona	Alder	Unattached		W55	60.28%
269	67	48:49	Sylvia	Cordell	Ealing Eagles		W55	61.47%
270	108	48:51	Lisa	Emerson	Ealing Eagles		W45	54.80%
271	248	48:53	Jane	Marland	Ealing Eagles		W45	55.39%
272	79	48:54	Alison	Daniels	Ealing Eagles		W45	56.06%
273	153	48:59	Helen	Hall	Ealing Eagles		W55	65.70%
274	424	49:03	Janet	Wimsett	Ealing Eagles		W55	62.87%
275	315	49:06	Emma	Rackham	Metros		SW	49.29%
276	215	49:08	Patricia	King	Sudbury Court		W55	62.77%
277	245	49:09	Cristina	Mameli	Ealing Eagles		W35	49.71%
278	240	49:12	Julian	Lyons	Pitshanger Park		M50	51.22%
279	151	49:12	Catherine	Gunnewicht	Ealing Southall & Middlesex		W45	55.72%
280	275	49:15	Colin	Naman	Ware Joggers		M60	57.92%
281	316	49:17	Judy	Rackham	Metros		W55	62.58%
282	203	49:22	Dinesh	Karunarthne	Unattached		SM	44.42%
283	339	49:22	Fiona	Rowley	Pitshanger Park		W45	56.93%
284	170	49:23	Helen	Hirachand	Ealing Eagles		W35	51.70%
285	167	49:24	Leanne	Hill	Unattached	LF	SW	49.00%
286	141	49:25	Anne Marie	Graham	Ealing Eagles		W45	53.05%
287	259	49:35	Danielle	Mercey	Ealing Southall & Middlesex		W55	62.20%
288	381	49:36	John	Walerych	Queens Park		M60	54.43%
289	25	49:52	Alison	Billinge	Unattached	LF	W45	56.36%
290	23	49:54	Sarah	Berry	Ware Joggers		W35	48.97%
291	400	50:20	Caroline	Wilkinson	Ealing Eagles		W35	48.91%
292	348	50:21	Sakina	Sidik	Metros		W35	49.12%

293	24	50:28	Sharon	Biancalana	Pitshanger Park		W45	57.14%
294	268	50:41	Mandeep	Moore	Unattached	LF	W45	52.82%
295	336	50:47	Nicola	Rochford	Metros		W45	53.98%
296	299	50:49	Irene	Paull	Metros		W55	62.42%
297	351	50:52	Philip	Sindall	Ealing Southall & Middlesex		M60	54.04%
298	29	50:54	Kim	Bobsin	Ealing Eagles		W45	55.22%
299	344	51:20	Matthew	Sartin	Shepperton Running Group		SM	43.65%
300	332	51:23	Caroline	Robertson	Unattached	LF	W35	49.31%
301	211	51:30	Chetan	Khatry	Queens Park		M40	44.49%
302	169	51:33	Steve	Hillier	British Airways		M60	53.32%
303	397	51:37	Rachel	Wells	Unattached	LF	U20W	47.39%
304	354	51:41	Brian	Smith	Ware Joggers		M70	58.71%
305	398	51:56	David	Wentzell	Redhill District RM		M60	52.45%
306	119	52:06	Nicola	Forster	Ealing Eagles		W45	50.83%
307	70	52:27	Kevin	Crook	Shepperton Running Group		M40	45.40%
308	228	52:33	Charlotte	Leahy-Taylor	Unattached		W55	64.02%
309	204	52:55	Emma	Keelan	Unattached	LF	W45	52.45%
310	260	53:11	Laurence	Messer	Ealing Southall & Middlesex		M60	54.19%
311	13	53:17	Claudia	Aviles	Ealing Eagles		SW	45.42%
312	11	53:18	Nicky	Ashe	Hillingdon AC		W45	49.68%
313	256	53:20	Gill	Mckay	Ealing Eagles		W55	55.51%
314	265	53:30	Cormac	Moloney	Unattached		M50	46.33%
315	266	53:30	Hazel	Moloney	Unattached		W45	53.90%
316	17	53:32	Derek	Bamforth	Metros		M60	50.88%
317	297	53:33	Emer	Pateman	Ealing Eagles		W35	45.79%
318	171	53:35	Sarah	Holder	Ealing Eagles		W45	51.16%
319	273	53:36	Catherine	Mulrenan	Ealing Eagles		W35	47.63%
320	35	53:41	Tracy	Brewer	Ware Joggers		W45	52.36%
321	285	53:47	William	O'Connor	Queens Park		M70	56.41%
322	189	53:59	Clare	Ivory	Ealing Eagles		W35	46.61%
323	88	54:07	Linda	Deverson	Ealing Eagles		SW	45.02%
324	89	54:17	Sarah	Dhanda	Ealing Eagles		W55	53.82%
325	145	54:42	Linda	Grimes	Metros		W45	51.38%
326	289	54:46	Diane	O'Reilly	Unattached		W45	48.35%
327	155	55:21	Mario	Hamm	Ware Joggers		M40	42.69%
328	246	55:29	Noeline	Mankoo	Ealing Eagles		W35	45.35%
329	241	55:30	Minnie	Lyons	Pitshanger Park		W45	50.64%
330	27	55:31	Seana	Bloomfield	Unattached	LF	W45	49.38%
331	212	56:04	Dipti	Khatry	Unattached		W45	47.23%
332	371	56:06	Janet	Taylor	Unattached		W45	51.40%
333	65	56:17	Felicity	Cooper	Ealing Eagles		W45	46.57%
334	298	56:22	Roderick	Paton	Hillingdon AC		M70	56.60%
335	186	56:29	Maureen	Hurt	Ware Joggers		W45	51.05%
336	224	57:04	Katharine	Lang	Ealing Eagles		W35	44.40%
337	18	57:25	Kirsty	Bangham	Team Bushy		W35	44.83%
338	63	57:28	Susan	Colman	Unattached	LF	W55	64.40%
339	217	58:07	Wei Hei	Kipling	Ealing Eagles		W55	50.27%
340	2	58:22	Lilian	Agina	Ealing Eagles		SW	41.74%
341	90	58:29	Ruth	Dixon Del Tufo	Ealing Eagles		W35	41.78%
342	43	58:35	John	Butcher	Ware Joggers		M70	73.82%
343	154	59:09	Lynn	Hall	Ealing Eagles		W55	56.03%
344	193	60:47	Bridgette	Job	Ealing Southall & Middlesex		W55	48.07%
345	114	61:10	Becky	Fennelly	Ealing Eagles		W35	42.08%
346	197	61:44	Margaret	Jones	Unattached	LF	W55	65.40%
347	163	62:45	Douglas	Hay	Redhill District RM		M50	38.87%
348	391	62:49	Laurence	Watson	Ware Joggers		M60	45.88%
349	390	63:45	Elizabeth	Watson	Ware Joggers		W55	52.77%
350	72	66:18	Lucrezia Michela	Cuomo	Unattached	LF	W45	40.38%
351	45	66:18	Pio	Cardoza	Unattached	LM	M40	36.20%

352	242	67:44	Savitha	Maggi	Ealing Southall & Middlesex	W45	38.34%
353	91	74:32	Sarah	Doe	Ware Joggers	W45	34.84%
354	80	77:56	Elizabeth	Davey	Ware Joggers	W45	34.75%
355	31	92:55	Esther	Bouma	Ware Joggers	W45	30.64%
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