

#	NAME	CLUB	AGE	TIME	H'CAP	+/-	RANK
<b>1 Mile Under 11</b>							
451	Kevin Prempeh	ESM	11	8:01			
452	Finlay Vadon	ESM	10	10:47			
455	Zaafir Ahmed	Unattached	10	14:30			
<b>1.6 Miles Under 15</b>							
453	Finn Combe	ESM	14	11:57			
454	Mikey Kouwiloyan	ESM	15	12:47			
<b>4 Miles Seniors</b>							
901	Mohamed Ali	ESM	U17	20:42	21:12	-30	4
902	Jonathan Poole	Serp	M35	21:11			
903	Elias Ahmed	ESM	U20	21:28	21:59	-31	3
904	Ben Waterman	ESM	SM	21:39	21:46	-7	7
905	Santosh Rai	ESM	M35	23:15	23:15	0	8
906	Jonathan Horan	ESM	SM	23:23	22:55	28	11
907	Ewan Fryatt	Eagles	M35	23:30			
908	Mark Kencroft	ESM	M50	24:09	24:28	-19	5
909	Arun Manget	ESM	U17	25:18	24:03	75	18
910	Rob Brown	ESM	M50	25:26	24:34	52	15
911	Paul Smith	Unattached	M45	25:40			
912	Mark Delahunty	ESM	M45	26:09	25:32	37	13
913	Sean Hanrahan	ESM	SM	26:11	26:23	-12	6
914	Sarah Gerrie	ESM	W35	26:16	26:10	6	10
915	Robert Willen	Eagles	M60	27:36			
916	Jem Lynch	PPR	M45	27:45			
917	Jav Sondh	ESM	M35	27:47	26:45	62	16
918	Michael Charles	ESM	M45	28:29	27:58	31	12
919	John Blanchard	ESM	M60	28:49			
920	Andy Leung	ESM	M45	28:59	28:59	0	8
921	Jen Watt	Eagles	W45	29:31			
922	Bob Swaisland	Ipswich Tri	M45	29:57			
923	Vincent Cheung	Metros	M40	30:41			
924	Emma Wilson	Checkers New York State USA/Highgate	SW	30:51			
925	Patricia Thomas	ESM	W50	31:13	30:31	42	14
926	Wim de Greef	Eagles	M50	31:23			
927	Hannah Vaughan	PPR	SW	31:28			
928	Mark Fuller	ESM	M50	31:33	32:37	-64	2
929	Eliza Krupa	PPR	SW	33:07			
930	Alistair Slaughter	Unattached	SM	33:17			
931	Chris Brown	ESM	M55	33:21	31:30	111	20
932	Paul Robinson	PPR	M60	33:24			
933	Zak Lyons	PPR	U20	33:36			
934	Gary Stringer	ESM	M55	33:59	35:32	-93	1
935	Nigel Vaughan	PPR	M60	34:41			
936	Steve Zoil	PPR	M45	34:53			
937	Jake Tewson	PPR	U17	35:02			
938	Annette Galloway	ESM	W50	35:24	34:11	73	17
939	Alex Chin	PPR	M60	35:36			

1st Woman

Handicap winner

#	NAME	CLUB	AGE	TIME	H'CAP	+/-	RANK
940	Sophie Slaughter	PPR	U17	36:41			
941	James Tewson	PPR	M50	36:42			
942	Lisa Slaughter	PPR	W50	37:19			
943	Marie de Greef	ESM	W50	37:20	35:22	118	22
944	Philip Sindall	ESM/PPR	M65	37:37	36:18	79	19
945	Fiona Rowley	PPR	W50	38:39			
946	Julie Pateman	Unattached	W40	41:04			
947	Laurence Messer	ESM	M65	42:01	40:04	117	21