Race Place	Time	Name	Team	Race Age Category	Age Grading	Race No	Race Place
1	00:26:18	JAMA, Hussain	Ealing, Southall & Middx	Senior Men	81.55%	462	1
2	00:26:21	TORRY, Nicholas	Serpentine Running Club	Senior Men	81.40%	228	2
3	00:26:28	REEVES, Andrew	Serpentine Running Club	Senior Men	82.71%	260	3
4	00:26:32	MOHAMED, Jamal	Newham & Essex Beagles	Senior Men	80.84%	454	4
5	00:26:42	GAUNT, Martin	Serpentine Running Club	Senior Men	80.33%	145	5
6	00:27:14	BARRETT, Simon	Serpentine Running Club	Senior Men	78.76%	384	6
7	00:27:30	VAMBEN, Eric	Serpentine Running Club	Senior Men	77.99%	197	7
8	00:27:52	ROBBINS, Andy	Serpentine Running Club	Senior Men	77.48%	255	8
9	00:28:12	FERRARO, Julian	London Heathside	V40 Men	80.45%	247	9
10	00:28:12	McGREGOR, David	Serpentine Running Club	V50 Men	86.24%	152	10
11	00:28:17	HENEY, Kenneth	London Heathside	Senior Men	75.83%	281	11
12	00:28:37	MARTIN-DYE, Ben	Bracknell Forest Runners	Senior Men	77.04%	407	12
13	00:29:11	ROWE, Nigel	Metropolitan Police	V40 Men	78.89%	173	13
14	00:29:14	BEANEY, Stuart	Unattached	Senior Men	73.37%	414	14
15	00:29:16	DELAHUNTY, Mark	Ealing, Southall & Middx	Senior Men	73.29%	143	15
16	00:29:27	DODD, Andy	Ealing, Southall & Middx	Senior Men	72.83%	184	16
17	00:29:29	McKEOWN, Ciaran	Unattached	Senior Men	74.25%	398	17
18	00:29:30	EVANS, Gavin	London Heathside	V40 Men	79.85%	285	18
19	00:29:33	SUMMERS, Pete	Handy Cross Joggers	V40 Men	75.67%	446	19
20	00:29:42	BENJAMIN, Lee	Thames Valley Harriers	V50 Men	80.56%	449	20
21	00:29:50	TAYLOR, Andrew	Serpentine Running Club	Senior Men	71.89%	468	21
22	00:29:54	HAGGART, David	Local unattached	Senior Men	71.73%	478	22
23	00:30:04	SEIGAR, Simon	Woodford Green	Senior Men	71.34%	430	23
24	00:30:07	COYLE, Roger	Serpentine Running Club	Senior Men	71.22%	212	24
25	00:30:10	ALLEN, Archie	Ealing, Southall & Middx	Senior Men	71.10%	452	25
26	00:30:18	YORK, Philip	Ealing, Southall & Middx	V40 Men	76.56%	426	26
27	00:30:23	LOUGHNANE, Martin	Unattached	V40 Men	75.22%	215	27
28	00:30:24	BAILEY, Chris	Highgate Harriers	V40 Men	76.30%	437	28
29	00:30:26	O'DONNELL, Paul	Trent Park Trotters	V50 Men	79.27%	434	29
30	00:30:29	COPAS, Nicholas	Serpentine Running Club	Senior Men	71.82%	214	30
31	00:30:33	WESTAWAY, Robert	Serpentine Running Club	Senior Men	72.16%	379	31
32	00:30:38	BOYTER, Gavin	Ealing, Southall & Middx	Senior Men	71.46%	192	32
33	00:30:53	TAYLOR, Colin	Watford Joggers	V50 Men	77.47%	188	33
34	00:31:02	ROSTERN, Paul	Elmbridge	V40 Men	72.57%	410	34
35	00:31:03	DERRY, Mark	London Heathside	V40 Men	73.06%	256	35
36	00:31:15	TREMAINE, Robin	London Heathside	V50 Men	77.82%	274	36
37	00:31:17	YOHANNES, Tesfu	Unattached	Senior Men	68.56%	177	37
38	00:31:18	FIDLER, Nick	Serpentine Running Club	Senior Men	68.53%	298	38
39	00:31:19	PEMBROKE, John	Reading Road Runners	Senior Men	68.49%	216	39
40	00:31:22	POGGI, Alessandro	Serpentine Running Club	Senior Men	68.38%	289	40
41	00:31:23	FERENCZI, Emily	Shaftesbury Barnet	Senior Women	75.83%	487	41
42 42	00:31:28	JACKSON, Dominic	London Heathside	V40 Men	73.17%	279	42 42
43	00:31:30	MERRITT, Colin	Unattached	V40 Men	72.02%	299	43
44 45	00:31:31	CONCANNON Kovin	Serpentine Running Club	Senior Women	75.51% 76.46%	412	44 45
45	00:31:33	CONCANNON, Kevin	Metropolitan Police	V50 Men	76.46%	268	45

Race Place	Time	Name	Team	Race Age Category	Age Grading	Race No	Race Place
46	00:31:34	RUDERMAN, Louisa	Serpentine Running Club	Senior Women	75.39%	232	46
47	00:31:36	IMRIE, Claire	Serpentine Running Club	V35 Women	76.86%	220	47
48	00:31:39	SCHLAEPPI, Michael	Local unattached	V40 Men	73.29%	169	48
49	00:31:52	GEORGE, Mark	London Heathside	V40 Men	70.17%	435	49
50	00:31:53	OLSEN, Lars	Serpentine Running Club	V40 Men	73.88%	206	50
51	00:32:00	OCHMANN, Beata	Ealing, Southall & Middx	Senior Women	74.36%	182	51
52	00:32:01	PERRY, Dieter	London Heathside	V40 Men	69.84%	438	52
53	00:32:06	NEELY, Bill	Unattached	V40 Men	73.96%	423	53
54	00:32:09	GILHOOLEY, Patrick	Unattached	Senior Men	66.71%	484	54
55	00:32:18	BIRD, Richard	London Heathside	Senior Men	67.31%	257	55
56	00:32:19	BOOTHROYD, Bobby	Metropolitan Police	Senior Men	66.37%	296	56
57	00:32:22	MURRAY, Kevin	Local unattached	V40 Men	73.35%	461	57
58	00:32:26	SAUNDERS, Rowan	Thames Valley Harriers	Senior Men	67.97%	231	58
	00:32:38	BALCHIN, Amy	Serpentine Running Club	Senior Women	72.92%	221	59
60	00:32:41	AKPOJARO, Princeton	Metropolitan Police	V40 Men	68.41%	470	60
61	00:32:42	SMART, David	Serpentine Running Club	V60 Men	79.78%	208	61
62	00:32:46	GAILLARD DE LAUBENQUE, Teresa	Dulwich Runners	V35 Women	73.54%	150	62
63	00:32:48	CLAYTON, Alice	Watford Joggers	Senior Women	72.55%	199	63
64	00:32:50	O'CONNELL, Thomas	Unattached	Senior Men	65.32%	481	64
65	00:33:02	LESLIE, Alex	Local unattached	Senior Men	64.93%	482	65
66	00:33:05	YOUNG, Aaron	Unattached	Senior Men	66.63%	291	66
67	00:33:15	HUDSON, Andrew	London Heathside	V50 Men	71.96%	235	67
68	00:33:24	SIMMONS, Ed	University of Manchester AC	Senior Men	64.22%	161	68
69	00:33:30	SAUNDERS, Chris	Serpentine Running Club	Senior Men	64.90%	241	69
70	00:33:35	VESTLUND, Marielle	Serpentine Running Club	V35 Women	72.32%	453	70
71	00:33:36	BIRMINGHAM, Bill	London Heathside	V50 Men	76.23%	198	71
72	00:33:42	McGUIGAN, Ashlee	Ealing, Southall & Middx	Senior Women	70.61%	428	72
73	00:33:43	HODGE, Ian	Serpentine Running Club	V40 Men	69.33%	224	73
74	00:33:49	WILSON, Michael	Thames Valley Harriers	V50 Men	70.75%	448	74
75	00:33:51	PETERS, Rhys	Metropolitan Police	Senior Men	63.36%	219	75
76	00:33:55	DAVIS, Lee	Unattached	Senior Men	64.55%	469	76
77	00:33:59	O'NEILL, James	Ealing, Southall & Middx	V40 Men	69.86%	176	77
78	00:34:07	BARRINGTON, Steve	Hayes & Harlington Road Runners	V40 Men	66.01%	171	78
79	00:34:14	COLVERD, Chris	Ealing, Southall & Middx	Senior Men	62.65%	139	79
80	00:34:19	FURNESS, Peter	Hayes & Harlington Road Runners	V50 Men	69.72%	373	80
81	00:34:21	D'SOUZA, John	Serpentine Running Club	V40 Men	65.57%	442	81
82	00:34:23	PALMER, Mark	Serpentine Running Club	Senior Men	64.12%	424	82
83	00:34:31	DENISON, Laura	Serpentine Running Club	Senior Women	68.94%	236	83
84	00:34:51	REYNOLDS, Sandra	Chiltern Harriers	V35 Women	70.24%	267	84
85	00:34:58	WILSON, Ursula	London Heathside	V35 Women	68.91%	385	85
86	00:35:02	DABHI, Venita	Newham & Essex Beagles	Senior Women	67.93%	440	86
87	00:35:04	CROSBIE, Ben	Local unattached	Senior Men	61.16%	141	87
88	00:35:07	REYNOLDS, Adrian	Chiltern Harriers	Senior Men	61.48%	157	88

Race Place	Time	Name	Team	Race Age Category	Age Grading	Race No	Race Place
89	00:35:09	SMITH, Susan	Dulwich Park Runners	V45 Women	79.42%	180	89
90	00:35:12	BOLLA, Jas	London Heathside	V35 Women	68.46%	380	90
91	00:35:17	MACKAY, Alick	Unattached	V40 Men	65.25%	406	91
92	00:35:20	MASLEN, Robert	Serpentine Running Club	V50 Men	71.84%	151	92
93	00:35:22	DEVLIN, Giles	Fetch Everyone Running Club	Senior Men	60.65%	254	93
94	00:35:26	METCALF, Val	Serpentine Running Club	V35 Women	72.60%	203	94
95	00:35:26	FOGARTY, Eamonn	Ealing, Southall & Middx	V60 Men	75.84%	174	95
96	00:35:28	GOODENOUGH, David	Local unattached	V40 Men	64.92%	403	96
97	00:35:34	DABHI, Neha	Newham & Essex Beagles	Senior Women	66.91%	441	97
98	00:35:37	CHAYTOW, Ben	British Airways	Senior Men	60.22%	417	98
99	00:35:37	PETERSEN, Michael	Local unattached	Senior Men	60.22%	416	99
100	00:35:38	KORTENRAY, Mike	Hercules Wimbledon	V60 Men	75.42%	443	100
101	00:35:46	BELL, Graham	London Heathside	V40 Men	63.43%	276	101
102	00:35:47	GREENE, Liam	Ealing, Southall & Middx	V40 Men	64.83%	185	102
103	00:35:53	CULLINANE, John	Serpentine Running Club	Senior Men	61.01%	270	103
104	00:35:53	LEAKE, David	Reading Road Runners	V50 Men	70.74%	183	104
105	00:35:56	CARPENTER, Sue	Watford Joggers	V45 Women	72.84%	190	105
106	00:35:58	WHITE, Caroline	London Heathside	V45 Women	76.14%	286	106
107	00:35:58	DAVIS, Jonathan	Unattached	Senior Men	59.63%	475	107
108	00:35:59	ELLIS, Stewart	Unattached	Senior Men	59.61%	374	108
109	00:36:02	HANCOCK, Karen	Serpentine Running Club	V45 Women	77.47%	213	109
110	00:36:04	REYNOLDS, Peter	Metros	V50 Men	66.89%	196	110
111	00:36:05	FRENCH, Graham	Ealing, Southall & Middx	V50 Men	68.53%	419	111
112	00:36:10	WARREN, Pete	Ranelagh Harriers	V60 Men	78.41%	450	112
113	00:36:14	NOTTON, Chris	Serpentine Running Club	Senior Men	59.20%	209	113
114	00:36:16	HEWITT, Danny	Halstead Road Runners	V40 Men	63.01%	375	114
115	00:36:25	JONES, Carol	Ealing, Southall & Middx	V45 Women	75.20%	147	115
116	00:36:27	BREEN, Angela	Metropolitan Police	Senior Women	65.29%	278	116
117	00:36:29	HURLEY, Thomas	Metropolitan Police	Senior Men	58.79%	405	117
	00:36:34	CARSON, Graham	Serpentine Running Club	V60 Men	72.04%	137	118
119	00:36:40	HOWELL, Camilla	Ealing, Southall & Middx	Senior Women	64.90%	460	119
120	00:36:44	CUNNINGHAM, Tim	Ealing, Southall & Middx	V40 Men	63.15%	191	120
121	00:36:46	BRIGHTON, Susie	London Heathside	V35 Women	67.67%	439	121
122	00:36:54	MULVENNA, Mark	Sudbury Court	V40 Men	62.86%	485	122
123	00:37:01	GANNON, Vince	Unattached	Senior Men	59.14%	249	123
124	00:37:07	TYRER, Christopher	Local unattached	V40 Men	63.96%	483	124
125	00:37:08	CLUNE, Steve	Ealing, Southall & Middx	Senior Men	57.76%	393	125
126	00:37:20	VYMERIS, Alex	Ealing, Southall & Middx	V60 Men	70.56%	194	126
127	00:37:23	SIMMONS, Bernard	Dulwich Park Runners	V60 Men	70.47%	160	127
128	00:37:31	PETTIT, Lisa	Serpentine Running Club	V35 Women	66.32%	207	128
129	00:37:33	STRINGER, Gary	Ealing, Southall & Middx	V40 Men	62.25%	186	129
130	00:37:36	YATES, Tom	Local unattached	Senior Men	57.04%	387	130
131	00:37:41	TOMASZCZYK, Barbara	London Heathside	V45 Women	70.08%	349	131
132	00:37:50	JOHNSTON, Samantha	Metropolitan Police	Senior Women	62.90%	444	132
		•	÷				

Race Place	Time	Name	Team	Race Age Category	Age Grading	Race No	Race Place
133	00:37:56	SIMPSON, William	Serpentine Running Club	V40 Men	61.63%	399	133
134	00:38:05	PHILIP, Camilla	Unattached	Senior Women	62.49%	476	134
135	00:38:10	HOARAN, Lisa	Unattached	V45 Women	71.75%	347	135
136	00:38:14	JOINER, Robert	Metros	Senior Men	56.10%	269	136
137	00:38:17	STUART, Alison	Local unattached	V35 Women	62.45%	451	137
138	00:38:19	HOLLAND, Hannah	Ealing, Southall & Middx	Senior Women	62.11%	474	138
139	00:38:27	KNOX, Sarah	Serpentine Running Club	V35 Women	63.67%	148	139
140	00:38:33	EDLESTONE, Mark	Unattached	Senior Men	55.64%	287	140
141	00:38:35	HATELEY, Philip	Unattached	Senior Men	55.59%	408	141
142	00:38:41	HARRIS, Jane	Ealing, Southall & Middx	V55 Women	73.58%	146	142
143	00:38:48	MORGAN, Sioned	Ranelagh Harriers	V35 Women	64.66%	271	143
144	00:38:49	MANSUKHANI, Raoul	Serpentine Running Club	Senior Men	56.01%	295	144
145	00:38:49	ALLEN, Martin	Local unattached	V50 Men	63.18%	189	145
146	00:38:51	VERRALL, Charles	London Heathside	V60 Men	69.88%	261	146
147	00:38:54	BRADBURY, David	Local unattached	V50 Men	63.56%	136	147
148	00:38:58	HANSEN, Olov	Marlow Striders	V50 Men	63.46%	395	148
149	00:38:59	NOLAN, Alison	Serpentine Running Club	V35 Women	63.30%	239	149
150	00:39:02	STANBROOK, Bob	Ealing, Southall & Middx	V60 Men	67.49%	162	150
151	00:39:14	McFADYEN, Georgina	Serpentine Running Club	Senior Women	60.65%	290	151
152	00:39:20	O'REILLY, Sean	Unattached	V50 Men	61.83%	272	152
153	00:39:23	LAMBERT, Sue	Serpentine Running Club	V55 Women	82.84%	465	153
154	00:39:26	DAWSON, Elaine	Local unattached	V35 Women	61.11%	170	154
155	00:39:44	JOHNSTON, Yvette	Metropolitan Police	V35 Women	63.66%	292	155
156	00:39:45	DAVIDSON, Ann	Unattached	V55 Women	71.60%	142	156
157	00:39:49	CAMERON, Sandra	Ealing, Southall & Middx	V35 Women	64.06%	445	157
158	00:39:54	TACCUSO, Simonetta	Ealing, Southall & Middx	V35 Women	63.40%	201	158
159	00:40:02	RICHARDSON, Jack	Unattached	V60 Men	67.81%	187	159
160	00:40:29	WOOLF, Stephen	London Heathside	V50 Men	63.85%	381	160
161	00:40:36	JOHNSON, Gaby	London Heathside	V35 Women	61.28%	456	161
162	00:40:38	GLICKMAN, Arnold	Purple Patch Runners	V60 Men	64.83%	264	162
163	00:40:41	COKER, Jason	Unattached	Senior Men	52.72%	178	163
164	00:40:47	HOARAN, Daniel	Unattached	Senior Men	52.59%	378	164
165	00:40:53	ASHFORD, Fred	Handy Cross Joggers	V60 Men	72.82%	459	165
166	00:40:56	ROUSDALE, David	Unattached	V50 Men	60.92%	488	166
167	00:40:56	DAVISON, Sue	Sudbury Court	V45 Women	64.51%	486	167
168	00:40:58	KEELER, Lucy	Metropolitan Police	Senior Women	58.09%	429	168
169	00:40:58	McGUIGAN, Carolyn	Metropolitan Police	V45 Women	63.33%	427	169
170	00:41:27	ST HILAIRE, Marilyn	London Heathside	V35 Women	62.06%	277	170
171	00:41:28	HAYWARD, Tracy	Local unattached	V35 Women	62.03%	455	171
172	00:41:37	RODWAY, Anthony	Unattached	V50 Men	57.49%	158	172
173	00:41:38	ST HELIEN, Colin	Unattached	V40 Men	55.72%	389	173
174	00:41:39	CAPON, Ian	Local unattached	V50 Men	59.87%	418	174
175	00:41:39	BANNISTER, Jason	Hayes & Harlington Road Runners	V40 Men	53.69%	489	175
176	00:41:41	CRAMER, Deborah	Unattached	Senior Women	57.09%	415	176

Race Place	Time	Name	Team	Race Age Category	Age Grading	Race No	Race Place
177	00:41:43	LAMBERT, Jane	Thames Valley Harriers	V45 Women	63.87%	433	177
	00:42:03	JAMDAGNI, Ashok	Serpentine Running Club	V60 Men	64.56%	205	178
179	00:42:05	VIALS, Russell	Unattached	Senior Men	52.02%	477	179
180	00:42:16	HAMMOND, Jonathan	St Albans Striders	Senior Men	52.16%	386	180
181	00:42:17	GEAR, Alistair	Serpentine Running Club	V40 Men	54.45%	204	181
182	00:42:38	ROBINSON, Matthew	Unattached	Senior Men	50.99%	447	182
183	00:42:41	MURPHY, John	Unattached	V50 Men	57.45%	388	183
184	00:42:44	LOPES, Antonio	Local unattached	Senior Men	50.19%	425	184
185	00:42:47	DZIALDOW, Resi	London Heathside	V45 Women	62.28%	248	185
186	00:43:01	WALSH, Margaret	Local unattached	V35 Women	57.84%	413	186
187	00:43:03	JULIN, Barbro	Marlow Striders	V45 Women	60.80%	396	187
188	00:43:08	WALKER, Caroline	Local unattached	Senior Women	55.17%	472	188
189	00:43:08	UDALL, David	Unattached	Senior Men	49.73%	471	189
190	00:43:17	CRIPPS, Louise	London Heathside	V45 Women	63.27%	181	190
191	00:43:20	VAATZ, Stephanie	Serpentine Running Club	Senior Women	54.92%	164	191
192	00:43:20	WATSON, Alan	Burnham Joggers	V60 Men	61.39%	382	192
193	00:43:29	TALAT, Mahmood	Metropolitan Police	V40 Men	51.05%	163	193
194	00:43:32	SMITH, Gary	Unattached	Senior Men	49.27%	490	194
195	00:43:32	MILLICAN, David	Local unattached	V50 Men	57.28%	467	195
196	00:44:07	MESSER, Laurence	Ealing, Southall & Middx	V60 Men	59.13%	175	196
197	00:44:21	KENNY, John	City of London	V40 Men	51.15%	436	197
198	00:45:00	SOOR, Harvinder	Local unattached	Senior Women	52.88%	420	198
199	00:45:22	McQUAID, Linda	Watford Joggers	V45 Women	60.94%	258	199
200	00:45:28	JOHANSSON, Helene	Serpentine Running Club	V35 Women	54.72%	421	200
201	00:45:32	TRECIOKAS, Janette	Local unattached	V45 Women	57.99%	394	201
202	00:45:37	MORGAN, Mike	Burnham Joggers	V60 Men	62.88%	383	202
203	00:45:53	MOLONEY, Hazel	Unattached	V35 Women	56.06%	155	203
204	00:45:53	MOLONEY, Cormac	Unattached	V40 Men	49.08%	154	204
205	00:45:55	RICHARDSON, Keith	Unattached	V60 Men	59.72%	172	205
206	00:46:34	JOHNSTONE, Dorothy	Ealing, Southall & Middx	V55 Women	65.91%	193	206
207	00:46:34	GOOLAB, Nick	Local unattached	V35 Women	53.87%	458	207
208	00:46:45	ATTWOOD, Elspeth	Unattached	V45 Women	58.58%	99	208
209	00:46:49	RAHMAN, Tayyab	Unattached	Senior Men	45.81%	275	209
210	00:47:02	FORTUIN, Delphine	Serpentine Running Club	V35 Women	52.90%	273	210
211	00:48:24	FLYNN, Deborah	Local unattached	V35 Women	53.15%	253	211
212	00:48:54	MULLIN, Daniel	Metros	Senior Men	43.86%	473	212
213	00:49:44	WISEMAN, David	Ealing, Southall & Middx	V50 Men	50.14%	466	213
214	00:50:47	SIMS, Paul	Unattached	V40 Men	44.35%	464	214
215	00:51:20	HOLMES, Ann	Local unattached	V45 Women	54.38%	480	215
216	00:51:35	FLYNN, Eamonn	Local unattached	V40 Men	44.63%	252	216
217	00:51:52	SULLIVAN, Claire	Local unattached	V35 Women	47.20%	457	217
218	00:52:16	GARNER, Angela	Unattached	Senior Women	45.53%	432	218
219	00:52:16	GARNER, Stephen	Unattached	V50 Men	48.13%	431	219
220	00:52:26	JOHNSON, Hayley	Unattached	Senior Women	45.38%	282	220
221	00:52:31	SIMS, Nicola	Unattached	V35 Women	48.17%	463	221

Race Place	Time	Name	Team	Race Age Category	Age Grading	Race No	Race Place
222	00:53:35	FINN, Jaran	Serpentine Running Club	Senior Men	40.29%	144	222
223	00:56:29	O'MALLEY, Jeff	Local unattached	V40 Men	42.03%	479	223
224	00:58:17	CHOUDHURY, Tufal	Unattached	Senior Men	36.80%	138	224
225	01:13:26	THOROGOOD, Mandy	Unattached	V45 Women	36.61%	283	225